

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water.	Weetabix/ Rusks with Sultanas Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water	Selection of wholegrain cereal Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water
Lunch:	Homemade Tuna and sweetcorn Pasta Bake ----- Yoghurt and Biscuit	Homemade Leek and Potato Soup with fresh bread ----- Bread and Butter pudding with custard	Chicken Korma, brown rice and naan ----- Ice Cream and Fruit	Chilli Con Carne and Baked Potato ----- Fruity Flap Jack	Butcher sausages mash potatoes and beans ----- Angel Delight
Tea:	Pizza with various Toppings	Cream Crackers Hummus & cream cheese, with cucumber sticks ----- Sultanas and Grapes	Pancakes ----- Bananas	Beans on wholegrain toast ----- Bananas and Apples	Sandwiches and Salad
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water	Weetabix/ Rusks with Sultanas Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water	Selection of wholegrain cereal Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade Drink of Milk or Water
Lunch	Cheese and Tomato Past Bake ----- Angel Delight and Fruit	Cottage Pie Peas and Broccoli ----- Rhubarb Crumble and Custard	Fish Pie and Sweetcorn ----- Lemon Drizzle Cake	Mini Meat Balls, Sweet Potatoes and Carrots ----- Yoghurt and Banana	Homemade Vegetable Soup with fresh Bread ----- Jelly and Ice Cream
Tea	Beef Ravioli with bread and butter ----- Homemade Biscuits	Cheese on Toast with sliced Cucumber ----- Satsuma's and Apples	Cracker Bread with Jam and Cheese ----- Bananas and Grapes	Bagels with Various Toppings	Jacket Potato and Beans
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:	Wholegrain Toast with butter, Jam or Marmalade ----- Drink of Milk or Water	Weetabix/ Rusks with Sultanas ----- Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade ----- Drink of Milk or Water	Selection of wholegrain cereal ----- Drink of Milk or Water	Wholegrain Toast with butter, Jam or Marmalade ----- Drink of Milk or Water
Lunch:	Homemade Beef Lasagne and Garlic Bread ----- Natural Yoghurt and Mixed Berries	Homemade Chicken Nuggets, chipped Potatoes and Spaghetti ----- Rice Crispy Cakes	Homemade Tomato Soup with fresh Bread ----- Cake and Custard	Chicken Dinner ----- Peaches and Ice Cream	Homemade Macaroni and Cheese ----- Banana and biscuit

Tea:	Muffins ----- Bananas and Grapes	Ham salad Wraps with peppers and carrot sticks	Crumpets	Cheese and Tomato Pasta Bake	Chicken Salad Sandwiches ----- Fruit
------	---	--	----------	------------------------------------	---